

This Month at the Senior Center

Special Events

The St. Patrick's Day Party is Friday, March 14 at 1 P.M. and includes the Hagen School of Irish dancers, a bagpiper, Irish fun and games, Irish coffee and Irish soda bread. \$3.50 per person.

Dr. Lenore Sandel will be the guest of honor at the Women's History Month Special Luncheon Wednesday, March 19 at 11:45 A.M. \$5 per person.

Join members of the Senior Center on Saturday, March 22 at Noon for the RVC St. Patrick's Parade.

Specially-trained volunteers from AARP will assist with income tax preparation every Monday. Call 678-9245 for appointments.

Lyric soprano Effie Apelast-Weinberg performs Friday, March 28 at 1 P.M. She made her debut as a lyric soprano at the age of 70, only five years after starting voice lessons.

Arts and Leisure Activities

The parody dog show documentary *Best in Show* is featured on Sunday, March 2 at 2 P.M. on the Center's 60-inch TV screen.

The L.I. Banjo Society performs Sunday, March 9 from 2 to 4 P.M. and says farewell to retired RVC Deputy Police Commissioner Warren Kelly who begins a 3,700 mile cross-country bike tour to raise money for the Sandel Center's wellness program on March 16.

Monthly duplicate bridge lessons with Marie Fiorillo continue on two Sundays, March 16 and 30 after a light dinner at 4 P.M. \$5 or \$7 per session. Partners are not required; games are non-sanctioned. Register by calling 678-9245.

The Book Club, led by Ellen Berman of the RVC Library, meets Wednesday, March 26 at 2 P.M. Books may be borrowed from the Sandel Center.

The Sunday Book Club meets March 30 at 4 P.M. Volunteer coordinator Barbara Petrilli will lead a discussion of *Evening Class* by Maeve Binchy. Reserve a copy by calling 678-9350.

The monthly art exhibit features outstanding work by Keith Gamache and art students at South Side High School. Reception is Tuesday, March 18 at 11 A.M.

The creative writing workshop meets on Tuesdays at 1:45 P.M. All are welcome.

Current events discussions are held Wednesdays at 10:30 A.M. at the RVC Public Library and at 11 A.M. at the Senior Center.

Bridge classes for beginners or intermediate players are Wednesdays at 2:15 P.M.

Art classes with a professional instructor meet Thursdays at 10 A.M.

March Speakers

The Sandel Senior Men's Club meets twice monthly for a 10 A.M. breakfast followed by a guest speaker at 11. On Tuesday, March 4, RVC Mayor Eugene Murray will speak and on March 18, the guest speaker will be elder law attorney John Biegler.

Wendy Weinstock, CSW of the Sandel Senior Center, will speak on dealing with change in your work and in your life on Tuesday, March 4 at 11 A.M.

Dr. Asher Matathius will discuss "Journey to America" on Tuesday, March 11 at 11 A.M.



Retired Rockville Centre Deputy Police Commissioner Warren Kelly will be pedaling the 3,700 miles from Long Beach, California to Long Beach, New York beginning March 16 to raise money for the Sandel Senior Center's wellness program. To pledge any amount to the Where's Warren Fund, call the Senior Center at 678-9350.

Travel and Dining

A St. Patrick's Day fling is Friday, March 21 at Katie Daly's Irish restaurant, including live entertainment and dancing. Irish beef barley soup, corned beef and cabbage, Irish stew, and shepherd's pie are on the menu. \$24 per person.

A visit to the Nassau County Museum of Art in Roslyn to view A Century of Print exhibit on April 11 includes transportation and dining at the Parkside Restaurant in Corona Queens. \$44 per person.



This Month In Rockville Centre

One College Place, P.O. Box 950
Rockville Centre, New York 11571

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Dates & Events

Wednesday, March 5, 8 P.M.
BOARD OF APPEALS

Monday, March 10, 8:15 P.M.
BOARD OF TRUSTEES

Tuesday, March 18, 7:30 P.M.
PLANNING BOARD

Wednesday, March 19, 8 P.M.
BOARD OF APPEALS

Monday, March 31, 8:15 P.M.
BOARD OF TRUSTEES

NOTE:

Videotapes of Board of Trustees meetings are broadcast on Cable Channel 76 on Wednesdays (8:15 p.m.) and Saturdays (1:30 p.m.) following each meeting.

Events are at Village Hall unless otherwise noted.

For general information:

Call 678-9300

Emergency Numbers

Fire **911**

Police **911**

Ambulance **911**

Electric 766-5800

Water 678-9252

Nights & Weekends
766-5800

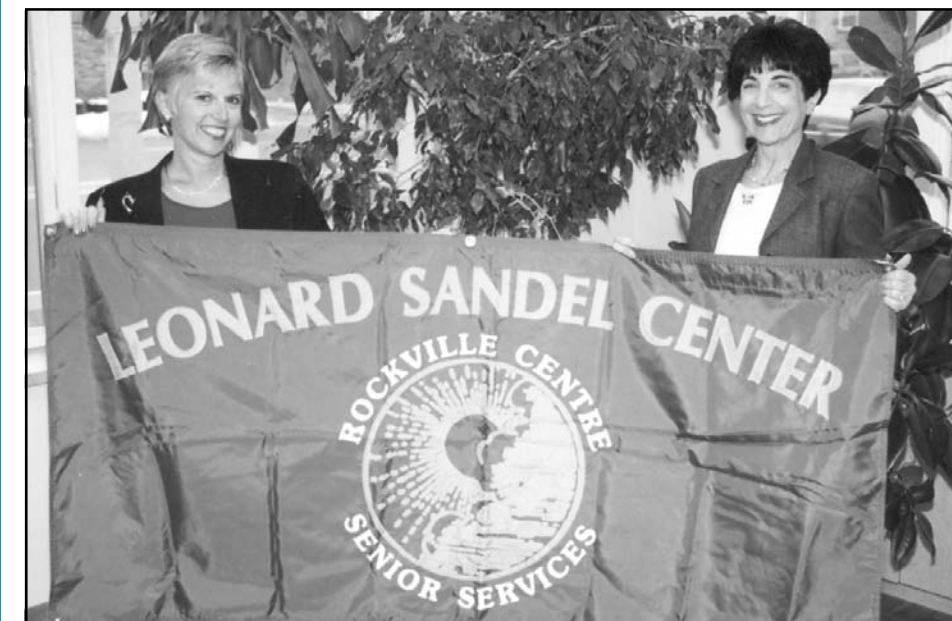
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This Month In Rockville Centre

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Chris O'Leary, deputy director of Senior Services, and Director Cyd Charrow proudly display the Senior Center banner after winning accreditation.

Senior Center Wins Accreditation

Rockville Centre's Sandel Senior Center has become the first senior facility on Long Island accredited by the National Institute of Senior Centers, a unit of the National Council on Aging.

The Sandel Center becomes the 85th out of 16,000 senior centers nationwide to be awarded this prestigious designation.

"RVC Senior Services has long been informally acknowledged as an innovative model for services for older adults," said Cyd Charrow, the Village's director of Senior Services. "We're absolutely thrilled by this validation of our programs."

Mayor Eugene Murray, who was part of the original accreditation team, said, "Village residents and volunteers who contribute directly to the Center or to the Friends of Senior Services (FOSSI) should be proud of this accomplishment. This is confirmation that we are doing an excellent job for our seniors."

Accreditation is a program begun in 1998 by the National Council on Aging to professionalize and strengthen senior

center operations. Centers are accredited only after meeting nine standards developed by the National Institute of Senior Centers which set goals for program planning, fiscal management, administration and other areas of operation. The Sandel Center's recognition came after a year-long process that included a lengthy self-assessment, a two-day site visit, and peer reviews.

Chris O'Leary, the deputy director of Senior Services, initiated the accreditation process and served as the coordinator for the accreditation team, a group of volunteers made up of community leaders, Sandel staff and Senior Center members.

Rockville Centre will be presented with an accreditation plaque in March at the annual convention of the National Council on Aging in Chicago.

To date, only three other communities in New York State have accredited senior centers. Accreditation lasts for five years after which it may be renewed.



Village Hall Comments

By Trustee Mary Whalen Bossart

Being Alert and Prepared



Do you own a flashlight? Do you usually keep on hand extra milk, bread, paper towels or other items important to your family's health and comfort? Then you are already familiar with the concept of being prepared.

In our modern, 24/7 world we are accustomed to being able to respond to changing needs quickly. It is that ability to respond quickly — by running to the supermarket, a hardware store, bank, or gas station — that may be compromised in a terrorist attack.

Therefore, U.S. Department of Homeland Security Secretary Tom Ridge has asked all Americans "To Be Ready" before a serious threat occurs. Most of the preparations that are recommended are appropriate for any natural disaster or emergency, including a hurricane or heavy snowstorm.

There are three steps: Be Informed, Make A Kit and Make A Plan.

Be Informed. Educate yourself about the facts regarding terrorism and recommended preparations. The Department of Homeland Security's website is www.ready.gov. You can get a copy of the booklet Get Ready Now online or by calling 1-800-BE-READY (1-800-237-3239).

Other informative websites are: Department of Homeland Security www.dhs.gov/dhspublic, Federal Emergency Management Agency www.fema.gov/areyouready and the Center for Civilian Biodefense Strategies at www.hopkins-biodefense.org. If you have children and need to answer their questions about terrorism, www.fema.gov/kids may be helpful.

Make A Kit. Prepare your home so that you have enough food and water to manage for a minimum of three days and possibly up to two weeks. A battery operated radio and first aid kit are also important.

Major media websites offer up-to-the-minute information and links to other sources that are authoritative. Some of these include: www.wcbs880.com, www.cbsnews.com, www.abc.com, www.wnbc.com. Type in "disaster kit" for specific, useful guidelines for preparing for your family's needs.

The website www.clorox.com/health/disaster provides specific information on sanitizing and storing water.

Make A Plan. Review appropriate responses to an emergency situation with your family. This includes identifying two meeting places for all family members. One should be near home and the other away from the neighborhood in case home cannot be reached.

You may wish to have an out-of-town relative serve as a contact person, particularly if family members travel frequently or are away at school.

Additional preparations to consider:

- Providing for the special needs of any family member such as an infant or elderly person;

- Being aware of the disaster plans of your workplace and children's schools;

- Keeping copies of important papers with other emergency supplies;

- Making sure that you have adequate prescription medications for those family members who take them;

- Having extra sets of prescription glasses;

- Keeping adequate gasoline in the car;

- Keeping a small amount of cash and extra keys on hand.

Take the time now to be prepared and we will all be ready to help ourselves and our neighbors should the need arise.

Rockville Centre Is Ready

Residents should be confident in the preparations for any disaster on the local level. Our police and fire departments are trained to handle hazardous materials emergencies and to provide medical assistance rapidly and efficiently.

The Mayor, Board of Trustees, Village Administrator and all department managers have emergency plans in place to deal with any community need.



This Month In Rockville Centre

Published by the Village of Rockville Centre
Eugene J. Murray, Mayor

Trustees
Mary Whalen Bossart
Wayne H. Lipton
John A. Matthews, Jr.
Gregory F. Rinn

For information concerning Village facilities, residents are invited to telephone Ron Wasson, Village Administrator, Clerk-Treasurer, 678-9300

Community News

Soccer Club Registration

The Rockville Centre Soccer Club has scheduled registration for the Spring and Fall intramural seasons at the Recreation Center on Oceanside Road at the following dates and times: Monday, March 10 from 7 to 9 P.M.; Saturday, March 22 from 10 A.M. to 2 P.M.; and Monday, April 7 from 7 to 9 P.M.

For information, call Vivian Lewandowski at 536-2646.

Parking Permit Discounts

The Village is offering discounted parking permits for Municipal Parking Field 12 (north side of Sunrise Highway between Forest Avenue and Long Beach Road). Call 678-9224 for details.

Could We Find Your House Quickly in an Emergency?

Residents are reminded that your house number should be visible from the street both during the day and at night.

In an emergency the Fire Department, the Police Department, or an ambulance crew must be able to find you as quickly as possible. Please take the time to check that it would be easy for them to see your house number.

If you have called for ambulance or rescue assistance, whenever possible have someone outside your home to direct emergency personnel. Thanks for your help!

New Water Department Superintendent

Anthony Iannone has been appointed the new superintendent of the Rockville Centre Water Department. For the past 10 years, Mr. Iannone has been the production engineer and operations supervisor at Long Island Water Corporation in Lynbrook. He was introduced to the public at a recent Village Board of Trustees meeting: Trustee Gregory F. Rinn, Deputy Mayor Wayne H. Lipton, Mayor Eugene Murray, Anthony Iannone, Trustee Mary Whalen Bossart, and Trustee John A. Matthews, Jr.



March at the Recreation Center

Spring Program Registration

The Rockville Centre Recreation Department Spring program schedule begins the week of March 25. Mail-in and in-person registration for programs listed in the annual brochure begins March 3. Non-resident registration begins March 17.

Part-time Summer Jobs

Applications are now being accepted for paid summer playground positions. Applicants must be at least 16.

Daffodil Days

The American Cancer Society's Daffodil Days benefit sale (10 blooms for \$7) is scheduled for March 24 through 26.

To participate, call Pat Southard at 678-9339 and place your order by March 7.

Crafts Fair and Flea Market

The Recreation Department's Spring Crafts Fair and Flea Market is Sunday, March 30 from 9:30 A.M. to 4:30 P.M.

Birthday Parties and Rentals

The Rec Center offers age-appropriate birthday parties to Village residents for children from ages 2 on up. All parties include an organized activity followed by refreshment and celebration time in the party room. Call 678-9338 or 9339 for available dates and the fee schedule.

Nursery School Registration

Registrations are now being accepted for the RVC Recreation Center's nursery school programs for the 2003 - 2004 school year.

Pre-K classes for those entering kindergarten in September 2004 are offered five days a week from 9 to 11:30 A.M. or three days a week (Monday, Wednesday, Friday) from 12:15 to 2:45 P.M.

Pre-Pre-K for those entering kindergarten in September 2005 are offered four days a week (Monday through Thursday) from 9 to 11:30 A.M. or two days a week (Tuesday and Thursday) from 12:15 to 2:45 P.M.

To schedule an appointment, call the Recreation Office at 678-9338.

St. Patrick's Parade March 22

The 7th Annual Rockville Centre St. Patrick's Parade steps off at Noon on Saturday, March 22, featuring more than 100 marching contingents, including most of the area's top pipe bands. The parade will march down Maple Avenue from Long Beach Road, past Village Hall to the reviewing stand in front of St. Agnes Cathedral.

This year's beneficiaries are the Eastern Paralyzed Veterans Association, the Nassau County Chapter of the Literacy Volunteers of America, and the Rockville Centre St. Patrick's Parade Scholarship Fund for a high school senior who writes the best essay on Irish history or culture.

This year's Grand Marshall is Joseph Finton Roughan. The Grand Marshall's Reception, a benefit event, is Friday, March 21 at 7 P.M. at the Rockville Links. For information, call 766-2582 or visit the parade website at www.rvcstpatrick.homestead.com.

